

**TACKLING
DRUGS
CHANGING
LIVES**

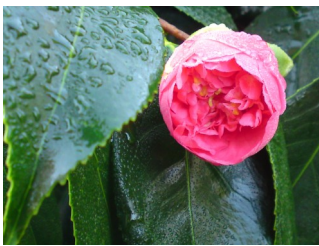
TREATMENT MATTERS: **Poole Drug & Alcohol Newsflash**



Issue 9—January 2010 Welcome to Treatment Matters the Poole Drug & Alcohol Action Team quarterly newsletter. Further details of current services can be found on www.boroughofpoole.com/socialservices, please click on the link for addictions.

We always welcome your ideas, issues you would like raised or any feedback you have about this newsletter or substance misuse services in Poole: please either email n.preston@poole.gov.uk or telephone Naomi on 01202 261016 with your suggestions.

Happy New Year

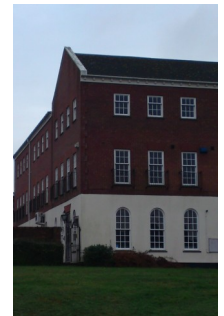


**Poole Drug & Alcohol Action Team
would like to wish you all a very
happy and peaceful 2010.**



Get SMART Substance Misuse Assessment and Referral Team

The Poole Drug & Alcohol Action Team (DAAT) is introducing a single point of access for people affected by drugs or alcohol.



The Substance Misuse Assessment & Referral Team (SMART) will start operation early next year and assess people's needs and help them obtain rapid access to the support and treatment they need. The team will be located near the Civic Centre and will provide confidential and non-judgmental assessments.

Poole Service User Forum will be co-located within the same premises and will provide help and support to people through out their treatment journey.

For enquiries regarding the SMART service, contact:

**Ann Maguire on e-mail - a.maguire@poole.gov.uk or telephone - 01202 633635
or the SMART Manager Glenda Chester on telephone - 01202 735777**

SMART will be based at 3 Park Place, North Road, Poole, Dorset BH14 0LY

**From 5th January 2010 you can contact SMART on:
Telephone number 01202 735777
Fax number 01202 749609**

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Congratulations to Tony Deavin for winning an O*S*C*A*R*

Dorset HealthCare NHS Foundation Trust's awards to celebrate the achievement and success of their most outstanding staff and volunteers

Dorset HealthCare NHS Foundation Trust (DHFT) held its 2nd Annual Members Meeting on 23rd September 2009, at which the dedication and achievement of staff and volunteers was recognised by the O*S*C*A*R*s awards. Tony Deavin, Addictions and Employment Opportunities Manager for the Trust, was awarded the "Service User and Carer Involvement" Award.

Tony was nominated by BADSUF (Bournemouth Alcohol and Drug Service User Forum) Manager Frank Bond on behalf of the Forum for his continued support, hard work and non-judgemental attitude towards service users in general.

Tony joined DHFT in 1985 as a Charge Nurse on the inpatient detox unit and has been dedicated to service user involvement throughout his time in the Trust.

I (the editor) have also worked with Tony and found him always to be fair, hard working and ultimately a very caring individual. Poole DAAT is very happy that this well deserved award has recognised his work and effort over the years. Congratulations Tony!

If you would like to see the video about Tony Deavin's award, and some of the other awards given, please go to:www.dorsethealthcare.nhs.uk/Welcome/FoundationTrust/OSCARs2009



Congratulations to PACT

Poole Addictions Community Team won an Award for their Training at the Dorset Criminal Justice Awards 2009. John Wiseman, Chair of the Dorset Criminal Justice Board, presented the awards in front of a crowd of 100 people. (Pictured left: Jeni Wills, Ken Moffatt, John Wiseman, Ken Gough and Sue Burke accepting their award.) Below is an edited version of the citation.

"Recent years has seen radical changes in the way Dorset Police and Community Support Officers are trained. It had been recognised that officers needed additional skills and knowledge about the community in which they are to serve.

The communities within Dorset were contacted to see if they could offer officers work placements during which students would learn about the community group, gain new understanding, build trust and break down barriers, which would forge meaningful relationships for the future.

One such organisation was the Poole Addictions Community Team based in Poole. ...A new innovative training package was designed which commenced by getting the students to identify their own prejudices around addiction. New information is given that challenges their views and provides new understanding as to who can become addicted and the affect on their family and the children.

The range of services undertaken by the PACT within the Criminal Justice System are also highlighted. ...Since the training programme went live in 2006 PACT has attended 17 courses and in excess of 300 officers have benefited from this unique programme. They have on each occasion sent up to 4 of their team to talk about their own specialist area....

Dorset Police has seen a shift in the views of new officers, as through the new training initiatives they recognise and understand the needs of the different community groups. This new training is having a positive effect on our community and is changing the way our officers approach and deal with addiction. ...The dedication and commitment of each and every member of PACT to their client group, in the training of student officers and multi agency working is outstanding and in our opinion goes way beyond 'that extra mile'..."

2 Poole DAAT would like to offer their congratulations to PACT on this well deserved award.



Sharp—Progress Group Ends

It is with great regret that Sharp have given Poole Drug & Alcohol Action Team three months notice with regard to the Progress Group. This means there will be no Progress Group from 1st February 2010

The DAAT intends to replace the group with Structured Day Treatment as soon as it is able and we will keep you updated with information.

As an interim measure there will be a drop-in available from the end of January 2010.



Needle Exchange & Supervised Consumption Pharmacy

**Boots, The Commerce Centre, Unit 4, Branksome, Poole BH12 1DN
(near Homebase)**

**Opening Times:
Monday to Friday 09:00 - 20:00
Saturday 09:00 - 18:00
Sunday 10:00 - 16:00**

Poole DAAT are happy that Boots at Branksome has decided to take part in the Needle Exchange Scheme where you are able to obtain clean needle packs and dispose of your used needles.



Boots will also be filling Supervised Consumption prescriptions.



Courses & Workshops

These courses are available to all employees, volunteers or carers who live or work in Poole.

Drug Awareness Training

- 1 Day 1 - 26th January 2010
- 1 Day 2 - 2nd February 2010
- 1 Day 3 - 16th February 2010
- 1 Day 1 - 9th March 2010
- 1 Day 2 - 16th March 2010
- 1 Day 3 - 23rd March 2010

Motivational Interviewing - 23rd February 2010

Alcohol and Older People - 2nd March 2010

Working with Young People - 30th March 2010

PLEASE NOTE: These are free courses, however if a booking is cancelled with less than one week's notice, or you do not attend on the day, a course fee of £30.00 for each day, will be charged.



Please contact Poole Adult Social Care & Wellbeing Training Team on: 01202 261013 or email: j.greenfield@poole.gov.uk for further details or to book your course.

Re-location Re-location

Longfleet United Reform Church

- Sharp Progress (until the end of January 2010)
- Stretch & Relax
- TIS Counselling
- Brief Intervention Therapy (BIT)
- Poole Service Users Forum

The above services that used the Longfleet United Reform Church will now use the SMART building at:

3 Park Place, North Road, Parkstone, Poole BH14 0LY.

Essential Drug & Alcohol Service (EDAS)

has now moved to its new premises:

54 Ashley Road, Parkstone, Poole BH14 9BN

Phone numbers and fax numbers remain as Tel: 01202 733322, Fax: 311777



What's In It For Me?

Poole Service Users Forum

What's in it for me? That was my mantra, that's the question I use to ask when confronted with a decision or asked to do something for someone. It was all about me and what I could get.

That was the question I asked when I joined the Poole Service Users Forum, and to start with it was just somewhere safe I could go on a Tuesday morning, to meet with other addicts and alcoholics that were trying to improve their lives, to have a coffee, a chat and get some advice as to what was on offer to me from the various Poole Treatment Providers.

I soon realised that I might, in fact, be able to help someone else who was just starting out on their journey in the treatment process. I was offered and completed some training courses, with more in the pipeline, and now, along with the other members of the Forum, we attend meetings and get to advise on how the Poole Treatment Process runs.

So, what's in it for me? Well, apart from the free coffee and biscuits, free college courses, good friends and improved self esteem. It is the knowledge that I am giving something back from what I've learnt, to help the next person who needs help with their drug or alcohol problem.

I've also learnt that you shouldn't go through life with a catcher's mitt on each hand, as you need to be able to throw something back.

We meet every Tuesday from 10 am 'till 12:30 pm.

So come and join us.

3 Park Place, North Road, Parkstone, Poole BH14 0LY

Tel: 0777 988 0221



Prize Quiz Answers

In the October Newsletter we had a Quiz, please find the answers below.

1 b) 5 cigarettes **2** b) One quarter **3** a) 5 years in prison or an unlimited fine, or both **4** b) LSD, e) Magic Mushrooms, g) Cocaine, h) Crystal Meths **5** b) 86% **6** c) Television **7** c) 18 **8** c) 2001:13.4% 2008: 9.0% **9** c) 1.3 units **10** a) 3.4 units **11** c) 1.75 units **12** a) 1 unit = 10ml or 8g of pure alcohol **13** c) 70% **14** b) 221 **15** a) 89 **16** a) Depression, b) Extreme weight loss and malnutrition, c) Impotence in men, d) Serious damage to nasal passages, e) Insomnia, f) Extreme paranoia **17** a) Pain when urinating, b) Blood in your urine, c) Incontinence **18** a) Mouth cancer, b) Breast cancer, c) Bowel cancer, d) Liver cancer.

